

Daniel: Stand Up

The Marks of Spiritual Resilience

Daniel 1:1-21

Spiritually resilient people:

1. **Understand the Importance of Living in Community.**
2. **Understand that their Suffering has Meaning in the Eyes of God.**

To these four young men God gave knowledge and understanding of all kinds of literature and learning. (Vs. 17)

Now God had caused the official to show favor and compassion to Daniel (Vs. 9)

And the Lord delivered Jehoiakim king of Judah into his hand. (Vs. 2)

3. **Resolve to Honour their Deepest Values**

“The chief official gave them new names: to Daniel, the name Belteshazzar; to Hananiah, Shadrach; to Mishael, Meshach; and to Azariah, Abednego. But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way. Daniel then said to the guard whom the chief official had appointed over Daniel, Hananiah, Mishael and Azariah, “Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink. Then compare our appearance with that of the young men who eat the royal food, and treat your servants in accordance with what you see.” So he agreed to this and tested them for ten days.”
(Vv. 11-14)